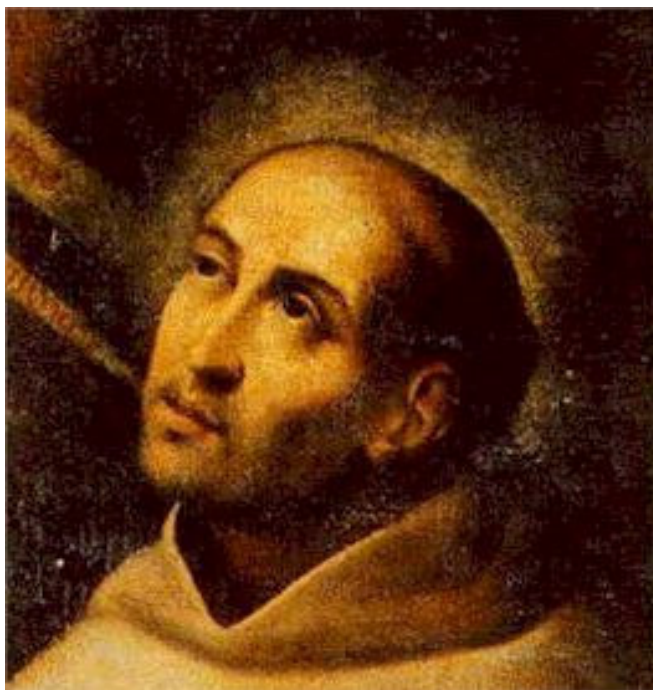


Autumn Seasonal Retreat Day

Praying with the Mystics:

JOHN OF THE CROSS

Come away for one day of silence by the ocean. This is a one day silent Retreat that will include: two periods of contemplative group prayer (Lectio Divina and Christian Meditation) and two long periods (one and a half hours each time) for private prayer and reflection. "Be still and know I am God" (Psalm 46:10). Each Retreat day is limited to 12 participants. There are 3 opportunities for this one day Retreat with John of the Cross. Choose the date that suits you. You can choose from: **Wednesday 9th March (Ash Wednesday), or Thursday 17th March, or Thursday 24th March, 2011**



9.30am-4pm

St Martin's

Berwick Street

Pt Noarlunga

Cost: \$20

Please bring food to share
for lunch

Bookings essential: Contact Roy's Retreat

Phone: (08) 8556 4686

Email: roysretreat@gmail.com

Website: www.roysretreat.com

Roy's Retreat promotes contemplative practice in the Christian mystical and prophetic tradition.