

ROY'S RETREAT 'E BULLETIN'

August 2009

Welcome to our 'almost spring' E Bulletin with news about upcoming activities through Roy's Retreat. The 'E Bulletin' comes out four times each year. A special welcome to those who are receiving this for the first time:

- Our next **SEASONAL RETREAT DAY- PRAYING WITH THE MYSTICS** at St Martin's, Port Noarlunga will be held on **Tuesday 1st September, 9.30am-4pm**. This is a day of silence with prayer material provided. Our previous Seasonal Retreat Days have received excellent feedback. BYO lunch to share. Bookings essential. Cost: \$20 Bookings: 8556 4686 or roysretreat@gmail.com (Only a handful of spaces left)
- The next **RESIDENTIAL RETREATS** are as follows: **(i) A Three Day/Night Silent Retreat** is being held at St Martin's, Port Noarlunga from **Monday evening 7th September** until **4pm Thursday September 10th**. Each Retreatant will have their own comfortable, private bedroom and all meals provided. Cost: \$140 **(ii) A Weekend Retreat** is being held at Middleton, at the Christian Brothers Centre, on the weekend **Friday 18th September** until **Sunday 20th** (4pm). Each Retreatant will have their own comfortable, private bedroom and all meals provided. Cost: \$140. Bookings for either Retreat 8556 4686 or roysretreat@gmail.com
- We are pleased to announce the next much anticipated **DESERT RETREAT in the Flinders Ranges, April 6-13, 2010** is now open for registrations. Detailed information is on our website: www.roysretreat.com
- We are also please to announce that the **2009 PROPHET SCHOOL RETREAT** registrations are now open. The Prophet School Retreat is being held at Nunyara Conference Centre, **Friday evening 6th until Sunday afternoon 8th November**. The Prophet School will be led by U.S. Jesuit Priest and Nobel Peace Prize nominee, John Dear. Both **residential** and **non residential** registration options are available. Detailed

information about the Prophet School is on our website www.roysretreat.com . To find out more about John Dear, visit www.johndear.org Applications are coming in very fast for this once in a life time opportunity.

- **DVD's and CD's of BROTHER DAVID STEINDL-RAST in Adelaide** are close to being ready for release. Thank you for the patience of those who pre-ordered copies. These wonderful talks (6 hrs in total) are available as DVD or CD for \$30. The topics Br David spoke on are: **'Spiritual Practices For Everyday Living'** (Br David's full day Retreat) and **'A Spirituality of Grateful Living'** (Br David's Public Lecture). Order forms are available on our website: www.roysretreat.com
- **SPIRITUAL DIRECTION:** is available through Roy's Retreat. We have qualified, experienced Spiritual Directors available for you to meet with at a regularity which suits you.
- **CHRISTIAN MEDITATION AND CENTERING PRAYER CLASSES:** regular weekly classes are held at Roy's Retreat. These one hour sessions are individually tailored to the needs of the participant. Day, evening and weekend options available. Cost: By donation.
- **'AN INTRODUCTION TO CENTERING PRAYER' DVD and CD** are available from Roy's Retreat featuring the wonderful two hour input from **Trappist Monk, Fr William Meninger**. Cost \$15
- **RETREAT IN DAILY LIFE: The Spiritual Exercises of St Ignatius of Loyola** (the 'Light Exercises') are available for you to experience through Roy's Retreat. This is done as part of your ordinary daily life over a period of 30 days, where you commit 45 minutes each day for prayer, and meet weekly with a Spiritual Director. These can be undertaken at a time to suit you. Cost: By donation.

PLEASE HELP US BY FORWARDING THIS 'E BULLETIN' TO PEOPLE YOU FEEL MAY BE INTERESTED IN KNOWING ABOUT OUR PROGRAMS. THANK YOU.

For further information about any of these programs please ring or email us: (08) 8556 4686 or roysretreat@gmail.com

ROY'S RETREAT is an ecumenical centre promoting contemplative practice in the Christian mystical tradition

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