

## Spring Seasonal Retreat Day

Praying with the Mystics:

### **CHARLES de FOUCAULD**

Come away for one day of silence by the ocean. This is a one day Retreat that will include: two periods of contemplative group prayer (Lectio Divina and Christian Meditation), and two long periods (one and a half hours each time) for private prayer and reflection. "Be still and know I am God" (Psalm 46:10). Each Retreat day is limited to 12 participants. There are three opportunities for this one day Retreat with Charles de Foucauld. Choose the date that suits you. You can choose from: **Wednesday 7<sup>th</sup> September, or Wednesday 14<sup>th</sup> September, or Friday 23rd September, 2011**



9.30am-4pm

St Martin's

Berwick Street

Pt Noarlunga

Cost: \$20

Please bring food to

share for lunch

**Bookings essential: Contact Roy's Retreat**

Phone: (08) 8556 4686

Email: [roysretreat@gmail.com](mailto:roysretreat@gmail.com)

Website: [www.roysretreat.com](http://www.roysretreat.com)

Roy's Retreat promotes contemplative practice in the Christian mystical and prophetic tradition.