

CHRISTIAN MEDITATION, LECTIO DIVINA and CENTERING PRAYER CLASSES



One hour classes are available daytime, evening and weekends.

Cost \$10 per session.

Learn the ancient contemplative prayer tradition of the Christian faith.

You are welcome to attend as many or few classes as you wish. You can choose to learn one of the above prayer traditions, or all three – classes are designed around your area of interest.

**To join a session contact Roy's Retreat
by phone (08) 8556 4686 or email roysretreat@gmail.com
or visit www.roysretreat.com**