

SPIRITUAL DIRECTION



We have trained Spiritual Directors available to meet with you. The role of the Spiritual Director is to accompany someone along their spiritual journey. People meet with a Spiritual Director once a month (or even less frequently if desired) to explore the movement and action of God in the life of the person coming to

Direction. Spiritual Direction is not counselling, but has its primary focus on the person's spiritual journey.

Daytime, evening and weekend appointments are available.

**To make an appointment contact Roy's Retreat
by phone (08) 8556 4686 or email roysretreat@gmail.com
or visit www.roysretreat.com**