

Winter Seasonal Retreat Day

Praying with the Mystics:

MEISTER ECKHART

Come away for one day of silence by the ocean. This is a one day silent Retreat that will include: two 30 minute input sessions, two periods of silent group prayer (morning and afternoon) and two long periods (up to two hours each) for private prayer and reflection. "Be still and know I am God" (Psalm 46:10). There are three opportunities for this one day retreat. Choose the date that suits you. You can choose from **Wednesday 23rd June, or Thursday 24th June or Friday 25th June.**



9.30am-4pm
St Martin's
Berwick Street
Pt Noarlunga
Cost: \$20

Please bring food to share for
lunch

Bookings essential: Contact Roy's Retreat

Phone: (08) 8556 4686

Email: roysretreat@gmail.com

www.roysretreat.com

Roy's Retreat promotes contemplative practice in the Christian
mystical and prophetic tradition.