

CONTEMPLATIVE CHRISTIAN SILENT RETREAT

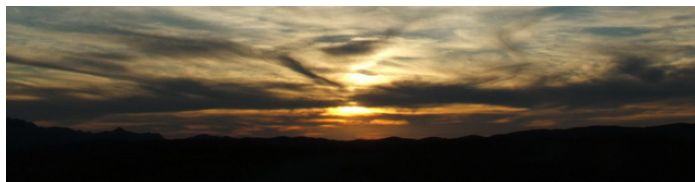
# *5 Day 'Desert Retreat'*

*Worumba Station - Flinders Ranges  
South Australia*

2011 DATES TO BE ANNOUNCED SOON

ROY'S RETREAT PROMOTES CONTEMPLATIVE LIVING IN THE CHRISTIAN MYSTICAL AND PROPHETIC TRADITION.

**Invitation:** You are invited to consider coming to the wilderness of Worumba Station, 30km east of Hawker in the Magnificent Flinders Ranges for 5 days of peace, silence and solitude. You will experience a retreat in the Ignatian tradition. The 'Desert Retreat' will encourage a deep spirit of silence to open us to hear God through prayer and the stunning beauty of the Flinders Ranges wilderness.



**About the Retreat:** Accommodation will be in the modern, comfortable and heated Shearer's Quarters. Each retreatant will have their own private bedroom. The 'Desert Retreat' is a silent Retreat with the following daily rhythm: 9.30am Silent communal prayer, followed by 30 minutes of input for the day, 12.30pm Lunch, 6pm Dinner and 7.30pm Silent communal prayer. The 'Desert retreat' will have a maximum of 5 retreatants. Retreatants will be able to see a Spiritual Director daily during the 'Desert Retreat' if desired (at no additional cost). The Retreat will include a guided pilgrimage through Brachina Gorge.

**Meals:** The 'Desert Retreat' is fully catered with wholesome food. We welcome the opportunity to meet any special dietary requirements you may have.

**Eligibility:** This Retreat is especially, but not exclusively, for people who have not experienced a silent residential Retreat. There is no expectation or requirement that you are an active member of a faith community. We strongly recommend that retreatants are at least 20 years of age.

**Transport:** If you cannot take your own vehicle we can arrange car pooling with other retreatants. The road to Worumba can be accessed easily with a conventional car- you will not require a 4 wheel drive vehicle to get there.

**Worumba Station:** Worumba Station is a 48,000 acre operating sheep and cattle station located 30km east of Hawker situated 1000 feet above Hawker. The creeks are lined with splendid Rivergum trees and the area is an artists, birdwatcher's and bushwalkers paradise, and dare we say RETREATANTS!

**Dates & Times:**

**The Retreat Team:** The 'Desert Retreat' is being organised by Roy's Retreat, based in Willunga, South Australia. Roy's Retreat is an ecumenical centre promoting contemplative living in the Christian mystical and prophetic tradition. The Retreat Team will be led by Tim Deslandes who is a married layperson and parent of 4 adult children. Tim is a trained Spiritual Director and has many years experience in faith formation and Retreat work with young adults and adults. Joining Tim will be an experienced female Spiritual Director.

**Weather:**

**The Flinders Ranges South Australia:** The Flinders Ranges are arguably South Australia's most beautiful landscape. Magnificent rugged mountains and stunning gorges are a feature of this unique wilderness area. This ancient landscape is the perfect backdrop for calling us to deep prayer and communion with our God. The Adnyamathanha people are the traditional owners of this land.

**Be still and know I am God:**  
As Augustine of Hippo wrote; "our souls are restless until they rest in you O God". The human spirit longs for deep peace and a sense of being connected both to ourselves and the whole universe. The mystics in the Christian tradition tell us repeatedly that the language of God is silence. Although there are a multitude of ways we can come to know God, our tradition, both through the scriptures and the mystics, teach us that by being still and being silent, we can open ourselves to know God at a deeper level.

Be still and know I am God (psalm 46:10) is God's invitation to us each day of our lives. In the hustle and bustle of 21st Century living it is often hard to find the time and space where we can meet the God of stillness, silence and deep peace. Sometimes our loving God needs to draw us out of our everyday routine into the wilderness to speak to us and reveal God's self to us.

**Cost:**

**Registration:**

If you are interested in attending the Spring 'Desert Retreat' at Worumba Station please contact Roy's Retreat (08) 8556 4686 or email [roysretreat@gmail.com](mailto:roysretreat@gmail.com) to be sent an Application Form. The Desert Retreat Application form may also be downloaded from our website [www.roystreat.com](http://www.roystreat.com)

**REGISTRATIONS CLOSE**

Postal address for Roy's Retreat: P.O. Box 142 Willunga SA 5172